1. **Introduction**

* **Check in**
* **Control Log**
* **Intro to Change is not easy (Verse)**
* **Homework – Acknowledgement**

1. **The affects of SUD (Substance Use Disorder)**

* **Check in**
* **Review Homework (Acknowledgement)**
* **Change is not easy (Verse) Continued**
* **Addressing Substance use**
* **How does different Substances affect your moods**

1. **Introduction to Domestic Violence/Intimate Partner Violence (DV/IPV)**

* **Check in**
* **The Cycle of Violence**
* **All in the Family (What is Domestic Violence)**

1. **Abuse of Power**

* **Check in**
* **Abuse=Power and Control Exercise (P & C Wheel)**
* **Attitude Handout (Homework)**

1. **Behavior Changes**

* **Check in**
* **Attitude Homework Assignment (2 people respond)**
* **DV/IPV and SUD “Correlation”**
* **Introductory Goals/30-days Behavior Changes ( Stop, Start, Change) (Journal and turn-in)**

1. **Life/ Coping Skills**

* **Check in**
* **Turn in Goals Assignment (30-day Behavior Change)**
* **Life/ Coping Skills that will change your life (Handout and Discussion)**
  + **Post it board for topics**

1. **Statistics for Domestic Violence/Intimate Partner Violence (Specific to each Group)**

* **Check in**
* **Addressing DV/IPV specific to each group (Latino Men and Latina Women, LGBTQ+, Men, Women)**

1. **Own It!**

* **Check in**
* **Parable of the Mule**
* **The Nine Rules**
* **Self – Evaluation (10 to 15 minutes)**

1. **Physical and Emotional Well Being**

* **Check in**
* **Living with a person who has a Substance Use Disorder**
* **Communication Traps**
* **Improving Communication (Post-It/In Journal)**

1. **Rebuilding Trust**

* **Check in**
* **Rebuilding Trust**
* **SUD Evaluation**